



PSHE Curriculum Pathway



Courage
Respect
Grace

Key Stage 3

Relationships and change

Ourself, growing and changing

Money

Attitudes to money

Puberty

Ourself, growing and changing

Year 6

Discrimination and stereotyping

Rights and responsibilities

Relationships

Mental and physical health

Health and wellbeing

Media literacy and digital resilience

Online communicating and sharing

Peer pressure

Healthy and balanced lifestyle

Healthy friendships and bullying

Environment

Identity Individuality

Ourself, growing and changing

Year 5

Rights and responsibilities

Relationships

Health and wellbeing

Media literacy and digital resilience

Media

Money

Keeping myself safe

First aid

Ambitions and jobs

Ourself, growing and changing

Year 4

Belonging to a community

Rights and responsibilities

Relationships

Expressing and managing feelings

Health and wellbeing

Digital footprint
Online identity

Media literacy and digital resilience

Keeping track of money

Money

Keeping myself safe

Local environment

Personal identity

Hazards and risks at home

Keeping myself safe

Money

Media literacy and digital resilience

Health and wellbeing

Relationships

Rights and responsibilities

Year 3

Key Stage 1

Autumn- Being Me in My world and Celebrating Differences

Spring- Dreams and Goals and Healthy Me

Summer- Relationships and Changing Me

Jobs, aspirations and goals

Online and face-to-face relationships

Healthy lifestyle and everyday feelings

Family relationships and healthy relationships

Rules and laws